

المخبـز الحديث

MODERN *Bakery* LLC®



HEALTHY RANGE PRODUCTS CATALOGUE



المخبز الحديث

MODERN

Bakery 

LLC ®



Healthy Range Products Catalogue

Company Profile



Modern Bakery was established in 1975 as a small scale industrial bakery with 80 workers only. All of our products were manually produced.

Today, Modern Bakery is one of the largest bakeries in the region, with a dedicated workforce of over 1500 employees.

We produce on an average 1.000.000 buns and rolls every day in our fully automated production plant.

Besides the bun line, which is our mainstream product, we also produce

nearly 2500 other products, such as:

- Pastries
- Sweets
- Confectionary
- Muffins
- Cakes
- Biscotti

And, most importantly, we are the pioneers in the production of a healthy range of products and cereal-based snacks.



Our Vision

Our vision is to always meet our customers' expectations and immerse them into future trends.

This approach keeps us on our toes and gives us an edge over our competitors.

Our Reach

Over the decades of hard work, research, and development, in partnership with our suppliers, we

have stretched our reach to all the GCC States, Africa, Asia and the Levant regions.

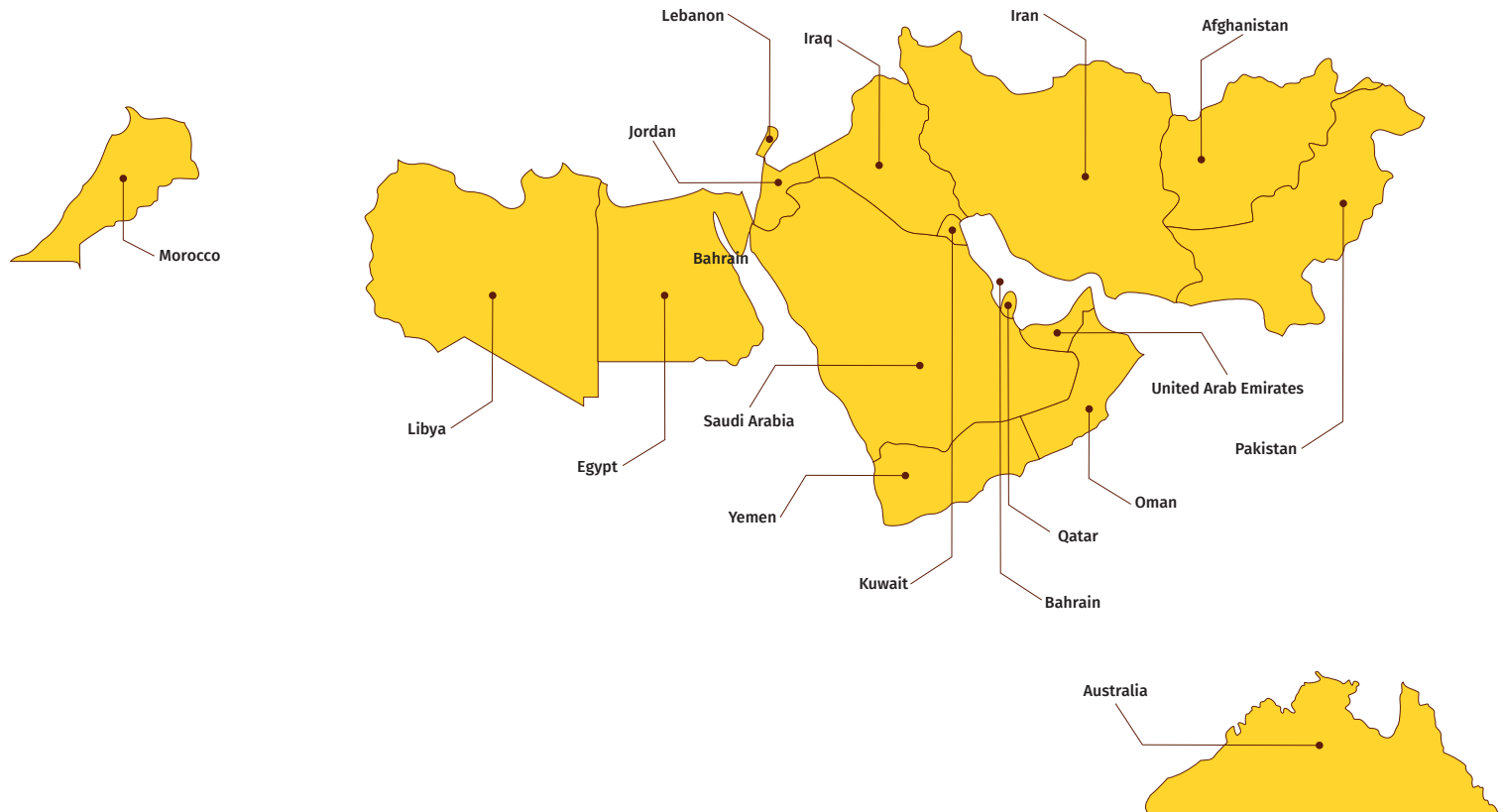
Our next focus is on Oceania & Europe.

Modern Bakery is a forward-looking company that believes in:

- Innovation
- Customer Satisfaction
- Investing in people who made us reach where we are today.

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Protein Line

Protein Crackers

Natural Protein Cracker
Zatar Protein Cracker
Cheese Protein Cracker
Olive Protein Cracker
Mediterranean Protein Cracker
Spicy Protein Cracker

Protein & Muesli Bars

Protein Bar Cranberry & Almond Flakes
Protein Bar Orange & Almond Flakes
Protein Bar Almond Flakes, Lemon, Lime & Vanilla
Protein Muesli Bar Red Fruit & Dried Cranberry
Muesli Bar Red Fruit & Raisin
Protein Muesli Bar Chocolate

Protein Products

Bread Flat Arabic Evening Protein
Bread Pan Small Slice Evening Protein
Bread Roll Hi Protein
Vegan Burrito | Protein Wrap

Variety Line

Gluten Free

Bread Flat Arabic Gluten Free
Bread Roll Gluten Free 4"
Bread Pan Small Slice Gluten Free
Bread Pan Gluten Free Multigrain Sliced
Bread Variety Ciabatta Gluten Free
Cake Pound Loaf Gluten Free
Gluten Free Muffin

Variety Products

Bread Flat Arabic Low Carb
Bread Flat Chia Medium
Bread Flat Quinoa Medium
Bread Flat Arabic Multicereal
Bread Flat Arabic Brown Medium Diet
Bread Pan Small Chia Slice
Bread Pan Small Quinoa Slice

Natural Protein Cracker



Ingredients

Cracker Mix (Sunflower Seeds, Linseeds, Wheat Gluten, Oat Flakes, Sesame, Dried Glucose Syrup, Wheat Bran, Palm Fat Powder (Palm Oil, Glucose Syrup, Cow Milk Protein), Milk Protein (Cow Milk), Wheat Starch, Barley Malt Flour, Canola Oil, Glucose, Dried Rye Sourdough, Salt, Yeast Extract), Water.

Nutrition Facts

Kcal	Fibers	Carb
506	16 g	34 g
Sodium	Sugars	Total Fat
0.33g	4 g	28 g
Protein		
29g		

Serving Size (100 grams)

Allergens ! Wheat Gluten | Milk | Sesame

Weight | 200 gms

Zatar Protein Cracker



Ingredients

Cracker Mix (Sunflower Seeds, Linseeds, Wheat Gluten, Oat Flakes, Sesame, Dried Glucose Syrup, Wheat Bran, Palm Fat Powder (Palm Oil, Glucose Syrup, Cow Milk Protein), Milk Protein (Cow Milk), Wheat Starch, Barley Malt Flour, Canola Oil, Glucose, Dried Rye Sourdough, Salt, Yeast Extract), Water, Zatar (Zatar, Roasted Wheat, Sumac, Soybean Oil, Roasted Sesame).

Nutrition Facts

Kcal	Fibers	Carb
494	16 g	40 g
Sodium	Sugars	Total Fat
0.7 g	3 g	27 g
Protein		
24 g		

Serving Size (100 grams)

Allergens ! Wheat Gluten | Milk | Sesame | Soya

Weight | 200 gms

Cheese Protein Cracker



Ingredients

Cracker Mix (Sunflower Seeds, Linseeds, Wheat Gluten, Oat Flakes, Sesame, Dried Glucose Syrup, Wheat Bran, Palm Fat Powder (Palm Oil, Glucose Syrup, Cow Milk Protein), Milk Protein (Cow Milk), Wheat Starch, Barley Malt Flour, Canola Oil, Glucose, Dried Rye Sourdough, Salt, Yeast Extract), Water, Cheese Powder (Cheese (Cow's Milk, Salt, Microbial Rennet), Water, Cellulose Powder, Salt).

Nutrition Facts

Kcal	Fibers	Carb
518	16 g	30 g
Sodium	Sugars	Total Fat
0.41 g	4 g	30 g
Protein		
31 g		

Serving Size (100 grams)

Allergens ! Wheat Gluten | Milk | Sesame

Weight | 200 gms

Olive Protein Cracker



Ingredients

Cracker Mix (Sunflower Seeds, Linseeds, Wheat Gluten, Oat Flakes, Sesame, Dried Glucose Syrup, Wheat Bran, Palm Fat Powder (Palm Oil, Glucose Syrup, Cow Milk Protein), Milk Protein (Cow Milk), Wheat Starch, Barley Malt Flour, Canola Oil, Glucose, Dried Rye Sourdough, Salt, Yeast Extract), Water, Black Olive Sliced (Black Olives, Sea Salt, Stabiliser Ferrous Gluconate (E579)), Olive Flavour (Olive Extracts, Humectant Propylene Glycol (E1520)).

Nutrition Facts

Kcal	Fibers	Carb
499	16 g	40 g
Sodium	Sugars	Total Fat
0.36 g	3 g	26 g
Protein		
27 g		

Serving Size (100 grams)

Allergens ! Wheat Gluten | Milk | Sesame

Weight | 200 gms

Mediterranean Protein Cracker



Ingredients

Cracker Mix (Flax Seeds (Brown), Sunflower Seeds, Wheat Gluten, Oat Flakes, Rapeseed Oil Powder (Rapeseed Oil, Glucose Syrup, Milk Protein, Natural Flavouring), Cheese Powder (Cheese, Whey Powder), Wheat Bran, Sesame, Dried Glucose Syrup, Milk Protein, Wheat Starch, Tomato Powder, Less than 2% Spices, Salt, Barley Malt Flour, Dried Rye Sourdough, Dextrose, Yeast Extract), Water.

Nutrition Facts

Kcal	Fibers	Carb
509	17 g	38 g
Sodium	Sugars	Total Fat
0.4 g	6 g	28 g
Protein		
27 g		

Serving Size (100 grams)

Allergens ! Wheat Gluten | Milk | Sesame

Weight | 200 gms

Spicy Protein Cracker



Ingredients

Cracker Mix (Sunflower Seeds, Linseeds, Wheat Gluten, Oat Flakes, Sesame, Dried Glucose Syrup, Wheat Bran, Palm Fat Powder (Palm Oil, Glucose Syrup, Cow Milk Protein), Milk Protein (Cow Milk), Wheat Starch, Barley Malt Flour, Canola Oil, Glucose, Dried Rye Sourdough, Salt, Yeast Extract), Water, Chilli Flakes, Salt.

Nutrition Facts

Kcal	Fibers	Carb
506	16 g	41 g
Sodium	Sugars	Total Fat
0.42 g	3 g	27 g
Protein		
26 g		

Serving Size (100 grams)

Allergens ! Wheat Gluten | Milk | Sesame

Weight | 200 gms

Protein Bar Cranberry & Almond Flakes



Ingredients

Binder Premix (Polydextrose, White Chocolate Pieces (Sugar, Cocoa butter, Whole Milk Powder, Emulsifier: Sunflower Lecithin E322), Fructose, Sugar, Almond Flour, Thickener: Xanthan gum E415, Citric Acid E330, Emulsifier: Sunflower Lecithin E322), Vanilla Flavour, Soya Protein Nuggets, Soya Protein Isolate, Almond Flakes, Dried Cranberry, Glucose (Rice, Water), Glycerine (Propane 1-2-3 Triol -Glycerol), Water, Topping: Scaldis Dark Chocolate (Sugar, Vegetable Oil, Low Fat Cocoa Powder, Emulsifier - E322 (Lecithin) (Soya), E492 (Sorbitan Tristearate) (Palm), Flavour (Vanillin)

Nutrition Facts

Kcal	Fibers	Carb
425	12.5 g	45.4 g
Sodium	Sugar	Total Fat
0.3 g	34.7 g	10.8 g
Protein		
32.9 g		

Serving Size (100 grams)

Allergens ! Soya | Milk | Almond

Weight | 40 gms

Protein Bar Orange & Almond Flakes



Ingredients

Binder Premix (Polydextrose, White Chocolate Pieces (Sugar, Cocoa butter, Whole Milk Powder, Emulsifier: Sunflower Lecithin E322), Fructose, Sugar, Almond Flour, Thickener: Xanthan gum E415, Citric Acid E330, Emulsifier: Sunflower Lecithin E322), Vanilla Flavour, Soya Protein Nuggets, Soya Protein Isolate, Almond Flakes, Dried Orange, Orange Flavour (Orange Extracts), Glucose (Rice, Water), Glycerine (Propane 1-2-3 Triol -Glycerol), Water, Topping: Scaldis Dark Chocolate (Sugar, Vegetable Oil, Low Fat Cocoa Powder, Emulsifier - E322 (Lecithin) (Soya), E492 (Sorbitan Tristearate) (Palm), Flavour (Vanillin)

Nutrition Facts

Kcal	Fibers	Carb
419	7.72 g	40.7 g
Protein	Sugar	Total Fat
35.1 g	15.7 g	12.2 g
Sodium		
0.26 g		

Serving Size (100 grams)

Allergens ! Soya | Milk | Almond

Weight | 40 gms

Protein Bar Almond Flakes, Lemon, Lime & Vanilla



Ingredients

Binder Premix (Polydextrose, White Chocolate Pieces (Sugar, Cocoa butter, Whole Milk Powder, Emulsifier: Sunflower Lecithin E322), Fructose, Sugar, Almond Flour, Thickener: Xanthan gum E415, Citric Acid E330, Emulsifier: Sunflower Lecithin E322), Lemon Flavour (Natural Flavour, Maltodextrin, Dextrose, Gum Arabic), Lime Flavour (Natural Flavour, Dextros, Modified Starch, Antioxidant Rosemary Extract), Vanilla Flavour, Soya Protein Nuggets, Soya Protein Isolate, Almond Flakes, Glucose (Rice, Water), Glycerine (Propane 1-2-3 Triol -Glycerol), Water, Topping: Scaldis White Chocolate (Sugar, Oil (Vegetable, Hydrogenated)(Palm Kernel), Lactose, Full Cream Milk Powder, Emulsifier (Sorbitan Tristearate (E492)(Palm)), Soya Lecithins (E322), Flavouring (Nature-Identical Flavouring Vanilla, Nature-Identical Flavouring Butter, Nature-Identical Flavouring Cream, Nature-Identical Flavouring Milk)

Nutrition Facts

Kcal	Fibers	Carb
440	11.5 g	45.6 g
Sodium	Sugar	Total Fat
0.29 g	26.7 g	13.3 g
Protein		
32.1 g		

Serving Size (100 grams)

Allergens ! Soya | Milk | Almond

Weight | 40 gms

Muesli Bar Red Fruit & Dried Cranberry



Ingredients

Protein Cereals Red Fruits [Soy flakes, Soy-Crispies (Soy Protein, Rice Groats, Soy Flour, Salt, Sugar, Fat Reduced Cocoa Powder), Sour Cherry Bits 2%, Strawberry Bits 2%, Quinoa Puffs, Dextrin, Inuline, Flavour, Natural Colour: Betanin E 162, Sweetner Sucralose (E995)], Knusper Extra [Glucose Syrup (Wheat), Sugar, Vegetable Fat (Palm), Dextrose, Whole Milk Powder, Emulsifier Soy Lecithin (E322)], Water, Dried Cranberry.

Nutrition Facts

Kcal	Fibers	Carb
377	11.5 g	53.1 g
Sodium	Sugar	Total Fat
0.7 g	11 g	7.8 g
Protein		
27.5 g		

Serving Size (100 grams)

Allergens ! Soya | Milk

Weight | 45 gms

Muesli Bar Red Fruit & Raisin



Ingredients

Protein Cereals Red Fruits [Soy flakes, Soy-Crispies (Soy Protein, Rice Groats, Soy Flour, Salt, Sugar, Fat Reduced Cocoa Powder), Sour Cherry Bits 2%, Strawberry Bits 2%, Quinoa Puffs, Dextrin, Inuline, Flavour, Natural Colour: Betanin E 162, Sweetner Sucralose (E995)], Raisin, Knusper Extra [Glucose Syrup (Wheat), Sugar, Vegetable Fat (Palm), Dextrose, Whole Milk Powder, Emulsifier Soy Lecithin (E322)], Water.

Nutrition Facts

Kcal	Fibers	Carb
391	12.5 g	50.6 g
Sodium	Sugar	Total Fat
0.7 g	22.3 g	10 g
Protein		
27.5 g		

Serving Size (100 grams)

Allergens ! Soya | Milk

Weight | 45 gms

Muesli Bar Chocolate



Ingredients

Protein Cerearl Chocolates [Soy flakes, Soy-Crispies (Soy Protein, Rice Groats, Soy Flour, Salt, Sugar, Fat Reduced Cocoa Powder), Chocolate Bits 6% (Sugar, Cocoa mass, Cacao Butter, Emulsifier Soy lecithine (E322), Oats Flakes, Fat reduced cocoa powder, Dextrine, Innuline, Flavour, Sweetener Sucralose (E995)), Knusper Extra [Glucose Syrup (Wheat), Sugar, Vegetable Fat (Palm), Dextrose, Whole Milk Powder, Emulsifier Soy Lecithin (E322)], Chocolate Chips Dark [Sugar, Chocolate, Cocoa Butter, Milk Fat (1.98%), Emulsifier Soy Lecithin (E322), Vanillin, Artificial Flavour, Milk Full Fat], Water

Nutrition Facts

Kcal	Fibers	Carb
419	12 g	53.2 g
Sodium	Sugar	Total Fat
0.13 g	36.7 g	11.6 g
Protein		
26.3 g		

Serving Size (100 grams)

Allergens ! Soya | Milk

Weight | 45 gms

Bread Flat Arabic Evening Protein

Ingredients

Water, Wheat Protein, Soy Protein, Lupine Protein, Soy Meal, Brown And Yellow Linseed, Sunflower Seeds, Wholemeal Wheat Flour, Wheat Bran, Apple Fibers, Yeast, Sesame Seeds, Salt, Roasted Barley Malt Flour.

Nutrition Facts

Kcal	Fibers	Carb
266	10.7 g	7.9 g
Sodium	Sugars	Total Fat
0.4 g	0.7 g	11.1 g
Protein		
27.9 g		

Serving Size (100 grams)



Allergens ! Wheat Gluten | Soy | Lupine | Sesame

Weight | 225 gms



Bread Pan Small Slice Evening Protein



Ingredients

Water, Wheat Protein, Soy Protein, Lupine Protein, Soy Meal, Brown And Yellow Linseed, Sunflower Seeds, Wholemeal Wheat Flour, Wheat Bran, Apple Fibers, Yeast, Sesame Seeds, Salt, Roasted Barley Malt Flour.

Nutrition Facts

Kcal	Fibers	Carb
266	10.7 g	7.9 g
Sodium	Sugars	Total Fat
0.4 g	0.7 g	11.1 g
Protein		
27.9 g		

Serving Size (100 grams)



Allergens ! Wheat Gluten | Soy | Lupine | Sesame

Weight | 365 gms

Bread Roll Hi Protein



Ingredients

Water, Wheat Protein, Soy Protein, Lupine Protein, Soy Meal, Brown And Yellow Linseed, Sunflower Seeds, Wholemeal Wheat Flour, Wheat Bran, Apple Fibers, Yeast, Sesame Seeds, Salt, Roasted Barley Malt Flour.

Nutrition Facts

Kcal	Fibers	Carb
266	10.7 g	7.9 g
Sodium	Sugars	Total Fat
0.4 g	0.7 g	11.1 g
Protein		
27.9 g		

Serving Size (100 grams)



Allergens ! Wheat Gluten | Soy | Lupine | Sesame

Weight | 330 gms

Protein Wrap | Vegan Burrito



Ingredients

Vegan Wrap (Water, Wheat Protein, Soy Protein, Lupine Protein, Soy Meal, Brown and Yellow Linseed, Sunflower Seeds, Wholemeal Wheat Flour, Wheat Bran, Apple Fibers, Yeast, Sesame Seeds, Salt, Roasted Barley Malt Flour), Pumpkin Roasted (Olive Oil, Black Pepper, Salt, Pumpkin), Red Beans Kidney (Red Kidney beans, Water, Salt), Avocado, Vegan Cashew Sauce (Cashew Nut, Water, Salt, Black Pepper, Garlic Roasted), Cooked Quinoa (Quinoa, Salt, Black Pepper, Water), Roasted Red Capsicum, Roasted Yellow Capsicum, Salt, Pepper Black.

Nutrition Facts

Kcal	Fibers	Carb
142	1.9 g	7.4 g
Sodium	Sugars	Total Fat
0.43 g	1.89 g	7.3 g
Protein		
11 g		

Serving Size (100 grams)



Allergens ! Wheat | Barley | Soy | Lupine | Sesame | Cashew Nut

Weight | 296 gms

Bread Flat Arabic Gluten Free



Ingredients

Gluten free blend (Corn starch, Modified Tapioca Starch, Tapioca starch, Potato starch, Sorghum flour, Rice flour, Amaranth flour, Sugar, Psyllium, Dried egg white, Modified cellulose gum (E464), Hydroxypropyl Methyl Cellulose, Salt, Cultured corn Syrup Solids, Thickening Agent Powdered Cellulose (E460), Xanthan gum (E415), Enzyme (E1100), Niacin(Vitamin B3), Reduced Iron, Thiamin mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Vegetable Oil, Yeast, Water

Nutrition Facts

Kcal	Fibers	Carb
219	4 g	43 g
Sodium	Sugars	Total Fat
0.05 g	4 g	5 g
Protein		
2 g		

Serving Size (100 grams)

• Store in freezer and remove only the portion needed.

Allergens ! Egg products

Weight | 250 gms

Bread Roll Gluten Free 4"



Ingredients

Gluten Free Bread Mix (Starch(Gluten Free Wheat, Potato, Tapioca Modified and native), Rice Flour, Psyllium husk Powder, Sugar, Dried Ric Sourdough, Salt, Thickener: hydroxypropyl methyl cellulose (E464), Corn Flour), Yeast, Vegetable Oil, Water.

Nutrition Facts

Kcal	Fibers	Carb
182	4 g	37 g
Sodium	Sugars	Total Fat
0.46 g	1.8 g	2.2 g
Protein		
1.6 g		

Serving Size (100 grams)

• Store in freezer and remove only the portion needed.

Allergens ! Soya | Milk products

Weight | 75 gms

Bread Pan Small Slice Gluten Free



Ingredients

Gluten Free Bread Mix (Starch(Gluten Free Wheat, Potato, Tapioca Modified and native), Rice Flour, Psyllium husk Powder, Sugar, Dried Ric Sourdough, Salt, Thickener: hydroxypropyl methyl cellulose (E464),Corn Flour), Gluten Free Bread Mix White (Starch(Tapioca Modified and Native, Potato, Corn), Rice Flour, Raising Agents: Giuncono-delta-lactone (E575), Sodium Hyrogen Carbonate (E500) (ii), and disodium diphosphate E450 (i), Soy Flour, Rapeseed Oil Powder(Rapeseed Oil, Glucose Syrup, Milk Protein, Natural Flavour), Dextrose, Emulsifier: Mono-and diglycerides of fatty acids (E471), Salt, Rice Protein, Thickener:gaur gum (E412), Sodium Carboxy methyl Cellulose (E466) and Xanthan gum (E415), Acidity Regulator: Sodium Diacetate (E262) (ii)), Yeast, Vegetable Oil, water

Nutrition Facts

Kcal	Fibers	Carb
232	2.9 g	40 g
Sodium	Sugar	Total Fat
0.56 g	1.9 g	6.5 g
Protein		
2.1 g		

Serving Size (100 grams)

• Store in freezer and remove only the portion needed.

Allergens ! Soya | Milk products

Weight | 350 gms

Bread Pan Gluten Free Multigrain Sliced



Ingredients

Gluten Free Bread Roll Mix (Starch(Gluten Free Wheat, Potato, Tapioca Modified and native), Rice Flour, Psyllium husk Powder, Sugar, Dried Ric Sourdough, Salt, Thickener: hydroxypropyl methyl cellulose (E464), Corn Flour), Gluten Free Bread Mix White (Starch(Tapioca Modified and Native, Potato, Corn), Rice Flour, Raising Agents: Giuncono-delta-lactone (E575), Sodium Hyrogen Carbonate (E500) (ii), and disodium diphosphate E450 (i), Soy Flour, Rapeseed Oil Powder(Rapeseed Oil, Glucose Syrup, Milk Protein, Natural Flavour), Dextrose, Emulsifier: Mono-and diglycerides of fatty acids (E471), Salt, Rice Protein, Thickener:gaur gum (E412), Sodium Carboxy methyl Cellulose (E466) and Xanthan gum (E415), Acidity Regulator: Sodium Diacetate (E262) (ii)), Yeast, Vegetable Oil, water, Pumpkin Seed, Linseed-Yellow and Brown, Sunflower Seeds, Corn Powder, Vegetable Oil

Nutrition Facts

Kcal	Fibers	Carb
288	3.5 g	39 g
Protein	Sugar	Total Fat
2.9 g	1.8 g	13 g
Sodium		
0.51 g		

Serving Size (100 grams)

• Store in freezer and remove only the portion needed.

Allergens ! Soya | Milk products

Weight | 330 gms

Bread Variety Ciabatta Gluten Free



Ingredients

Gluten Free Bread Mix (Starch(Gluten Free Wheat, Potato, Tapioca Modified and native), Rice Flour, Psyllium husk Powder, Sugar, Dried Ric Sourdough, Salt, Thickener: hydroxypropyl methyl cellulose (E464), Corn Flour), Yeast, Vegetable Oil, Water.

Nutrition Facts

Kcal	Fibers	Carb
196	3.1 g	35 g
Sodium	Sugars	Total Fat
0.43 g	1.7 g	4.9 g
Protein		
1.6 g		

Serving Size (100 grams)

• Store in freezer and remove only the portion needed.

Allergens ! Soya | Milk products

Weight | 130 gms

Cake Pound Loaf Gluten Free



Ingredients

Gluten Free Cake Mix (Sugar, Starch(Potato (Native and Modified), Corn), Emulsifier: Mono-and diglycerides of fatty acids (E471), Ployglycerol ester of fatty acids (E475), Sodium Stearoyl-2- Lactylate E481, Corn Flour, Raising Agent: Disodiumdiphosphate E450 (i) and Sodium Hydrogen Carbonate E500(ii), Egg White Powder, Salt, Palm Fat Powder (Palm Oil, Glucose Syrup, Milk Protein), Whey Powder, Thickener: Guar Gum (E412), Xanthan Gum (E415), and Sodium Carboxy Methyl Cellulose (E466), Flavours), Water, Egg, Sugar, Sunflower Oil, Vanilla Essence (Vanilla Extracts, Humectant Propylene Glycol (E1520), Water).

Nutrition Facts

Kcal	Fibers	Carb
514	0.9 g	53 g
Sodium	Sugars	Total Fat
0.52 g	28 g	32 g
Protein		
3.3 g		

Serving Size (100 grams)

• Store in freezer and remove only the portion needed.

Allergens ! Egg | Milk products

Weight | 350 gms

Gluten Free Muffin



Ingredients

Gluten Free Cake Mix (Sugar, Starch(Potato (Native and Modified), Corn), Emulsifier: Mono- and diglycerides of fatty acids (E471), Polyglycerol ester of fatty acids (E475), Sodium Stearoyl-2- Lactylate E481, Corn Flour, Raising Agent: Disodiumdiphosphate E450 (i) and Sodium Hydrogen Carbonate E500(ii), Egg White Powder, Salt, Palm Fat Powder (Palm Oil, Glucose Syrup, Milk Protein), Whey Powder, Thickener: Guar Gum (E412), Xanthan Gum (E415), and Sodium Carboxy Methyl Cellulose (E466), Flavours), Water, Egg, Sugar, Sunflower Oil, Vanilla Essence (Vanilla Extracts, Humectant Propylene Glycol (E1520), Water).

Nutrition Facts

Kcal	Fibers	Carb
497	0.8 g	51 g
Sodium	Sugars	Total Fat
0.5 g	27 g	31 g
Protein		
3.2 g		

Serving Size (100 grams)

• Store in freezer and remove only the portion needed.

Allergens ! Egg | Milk products

Weight | 100 gms

Bread Flat Arabic Low Carb



Ingredients

Vegetable Protein – Mix (Wheat, Soy Bean, Pea), Soybean Flour, Oat Fibre, Wheat Flour, Emulsifier: Soy lecithin (E 322), Yeast, Salt, Calcium Propionate (E282), Water.

Nutrition Facts

Kcal	Fibers	Carb.
238	7 g	7 g
Sodium	Sugars	Total Fat
0.002g	0 g	10 g
Protein		
25 g		

Serving Size (100 grams)



Allergens ! Wheat Gluten | Soy

Weight | 225 gms

Bread Flat Chia Medium



Ingredients

Wheat Flour, Chia Mix (Durum Wheat Semolina, Chia Seeds, Sesame Flour (Fat-Reduced), Malted Whole Wheat Groats, Salt, Wheat Gluten, Dried Wholemeal, Wheat Sourdough, Dextrose, Wheat Germ Flour (Fat-Reduced), Emulsifier Lecithin (Sunflower) (E322), Enzymes, Flour treatment agent ascorbic (E300), Yeast, Vegetable Shortening, Calcium Propionate (E282), Water.

Nutrition Facts

Kcal	Fibers	Carb
420	14 g	44 g
Sodium	Sugars	Total Fat
0.07 g	2 g	8 g
Protein		
10 g		

Serving Size (100 grams)

Allergens ! Wheat Gluten | Sesame

Weight | 230 gms

Bread Flat Quinoa Medium



Ingredients

Wheat Flour, Quinoa Mix (Wheat Flour, Quinoa (Puffed), Linseeds, Wheat Germs, Buckwheat Grits, Wheat Gluten, Wheat Fibres, Stabilizer (Guar Gum) Powder E412, Barley Malt Extract Powder, Dried Wheat Sourdough, Salt, Emulsifier Mono-Diglycerides E471 (From Rapeseed), Flour treatment agent Ascorbic acid (E300), Yeast, Red and White Quinoa Seeds, Water, Calcium Propionate (E282).

Nutrition Facts

Kcal	Fibers	Carb
555	7.8 g	45 g
Sodium	Sugars	Total Fat
0.16 g	0 g	4 g
Protein		
9 g		

Serving Size (100 grams)

Allergens ! Wheat Gluten

Weight | 230 gms

Bread Flat Arabic Multicereal



Ingredients

Flour (Wheat, Rye, Malted Barley), Wheat Gluten, Seeds (Linseed, Sesame, Sunflower), Vegetable Oil (Rape Seed), Oats, E471, Vitamins, E300, Sugar, Enzyme, Salt, Yeast, Calcium Propionate E282, Water.

Nutrition Facts

Kcal	Fibers	Carb
231	5.4 g	37 g
Sodium	Sugars	Total Fat
0.72 g	0 g	5 g
Protein		
9 g		

Serving Size (100 grams)

Allergens ! Wheat Gluten | Sesame

Weight | 140 gms

Bread Flat Arabic Brown Medium Diet



Ingredients

Rye Flour, Coarse Wheat Bran, Fine Wheat Bran, Yeast, Calcium Propionats E282, Gluten, Water.

Nutrition Facts

Kcal	Fibers	Carb
246	12 g	40 g
Sodium	Sugars	Total Fat
0.007g	<0.5 g	0 g
Protein		
18.9g		

Serving Size (100 grams)

Allergens ! Wheat Gluten

Weight | 180 gms

Bread Pan Small Chia Slice



Ingredients

Wheat Flour, Chia Mix (Durum Wheat Semolina, Chia Seeds, Sesame Flour (Fat-Reduced), Malted Whole Wheat Groats, Salt, Wheat Gluten, Dried Wholemeal, Wheat Sourdough, Dextrose, Wheat Germ Flour (Fat-Reduced), Emulsifier Lecithin (Sunflower) E322, Yeast, Water, Calcium Propionate (E282), Sugar, Vegetable Shortening.

Nutrition Facts

Kcal	Fibers	Carb
420	5.4 g	44 g
Sodium	Sugars	Total Fat
0.07 g	2 g	8 g
Protein		
10 g		

Serving Size (100 grams)

Allergens ! Wheat Gluten | Sesame

Weight | 375 gms

Bread Pan Small Quinoa Slice



Ingredients

Wheat Flour, Quinoa Mix (Wheat Flour, Quinoa (Puffed), Linseeds, Wheat Germs, Buckwheat Grits, Wheat Gluten, Wheat Fibres, Stabilizer (Guar Gum) Powder E412, Barley Malt Extract Powder, Dried Wheat Sourdough, Salt, Emulsifier Mono-Diglycerides E471 (From Rapeseed), Yeast, Red and White Quinoa Seeds, Water, Mould Inhibitor (Calcium Propionate (E282).

Nutrition Facts

Kcal	Fibers	Carb
555	3.1 g	45 g
Sodium	Sugars	Total Fat
0.16 g	0 g	4 g
Protein		
9 g		

Serving Size (100 grams)

Allergens ! Wheat Gluten

Weight | 375 gms

Modern Bakery Accreditations

Food safety is a key part of Modern Bakery production and delivery process.

We follow internationally recognised procedures and standards throughout the production, storage and delivery process for every product we produce.

Each part of our production and delivery process is subjected to regular audits to maintain our high standards and commitments to food safety.



SGS
 Global Standard For Food Safety



BUREAU VERITAS
Food Safety System Certification 22000



BUREAU VERITAS
Codex Alimentarius CAC/RCP 1-1969
Rev. 4 (2003), Amended





INTERTEK
Certificate of Registration
ISO 14001:2015



المخبـز الحديث
MODERN
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LLC ®

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